

PK KB OVL 26: Session: 1: COACH evaluation sheet for TEAM: OZEKA

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Devriese Boris HEADCOACH

Coaches: Wielfaert Wout

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 100M FREESTYLE MEN 11+ Heat:3, starttime: 09:18

Heat: 3/18 Lane : 1 Athlete: VAN LIERDE DAAN Q-time: 01:18:17

PB (25m pool): 01:18.17 Sportoase De Watermolen 21/07/2026 PB (50m pool): 01:19.06 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:36.01		01:18.17	
		00:36.01		00:42.16	
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+ Heat:5, starttime: 09:22

Heat: 5/18 Lane : 5 Athlete: HOEYMANS CEDRIC Q-time: 01:10:74

PB (25m pool): 01:15.25 Gent 23/02/2025 PB (50m pool): 01:10.74 SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:35.79		01:15.25	
		00:35.79		00:39.46	
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+ Heat:6, starttime: 09:23

Heat: 6/18 Lane : 4 Athlete: VANDENABEELE ACHILLES Q-time: 01:07:70

PB (25m pool): 01:07.70 Zwembad De Treffer 06/04/2026 PB (50m pool): no time SB: no time

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.52		01:07.70	
		00:34.52		00:33.18	
					

Coach feedback:

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Event number: 2: 100M FREESTYLE MEN 11+					Heat:6, starttime: 09:23
Heat: 6/18 Lane : 8 Athlete: VAN NIEUWENHUYZE LUKAS					Q-time: 01:10:11
PB (25m pool): 01:10.11 Temse 31/05/2026 PB (50m pool): 01:10.56 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:33.02		01:10.11	
	00:33.02		00:37.09		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:8, starttime: 09:27
Heat: 8/18 Lane : 8 Athlete: VAN BRAECKEL SEPPE					Q-time: 01:05:99
PB (25m pool): 01:05.99 Sportoase De Watermolen 21/07/2026 PB (50m pool): 01:10.13 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.54		01:05.99	
	00:31.54		00:34.45		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:9, starttime: 09:28
Heat: 9/18 Lane : 3 Athlete: BOONEN KAREL					Q-time: 01:04:27
PB (25m pool): 01:04.27 Sportoase De Watermolen 21/07/2026 PB (50m pool): 01:07.88 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.13		01:04.27	
	00:31.13		00:33.14		
					

Coach feedback:

Event number: 2: 100M FREESTYLE MEN 11+					Heat:9, starttime: 09:28
Heat: 9/18 Lane : 5 Athlete: DE REGGE MATTEO					Q-time: 01:03:97
PB (25m pool): 01:05.42 Eeklo 19/04/2026 PB (50m pool): 01:03.97 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:31.62		01:05.42	
	00:31.62		00:33.80		
					

Coach feedback:

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Event number: 3: 200M MEDLEY WOMEN 11+							Heat:1, starttime: 09:44	
Heat: 1/14 Lane : 4 Athlete: DE KETELAERE FEBE							Q-time: 03:35:37	
PB (25m pool): 03:35.37 Sportoase De Watermolen 21/07/2026 PB (50m pool): 03:40.58 SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.58		01:49.26		02:47.93		03:35.37
	00:50.58		00:58.68		00:58.67		00:47.44	
								

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11+							Heat:8, starttime: 10:11	
Heat: 8/14 Lane : 8 Athlete: VAN LIERDE ROOS							Q-time: 02:54:60	
PB (25m pool): 02:54.60 Sportoase De Watermolen 21/07/2026 PB (50m pool): 03:00.20SB: no time								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.31		01:22.21		02:13.49		02:54.60
	00:37.31		00:44.90		00:51.28		00:41.11	
								

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13+					Heat:1, starttime: 10:34
Heat: 1/7 Lane : 2 Athlete: HOEYMANS CEDRIC				Q-time: 01:37:05	
PB (25m pool): 01:45.03 Sint-Amandsberg 27/10/2024					PB (50m pool): 01:37.05 SB: no time
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:49.77		01:45.03	
	00:49.77		00:55.26		
					

Coach feedback:

Event number: 4: 100M BREASTSTROKE MEN 13+					Heat:2, starttime: 10:36	
Heat: 2/7 Lane : 4 Athlete: VAN NIEUWENHUYZE LUKAS				Q-time: 01:29:30		
PB (25m pool): 01:35.31 Zwembad De Treffer 06/04/2026					PB (50m pool): 01:29.30SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:45.56		01:35.31		
	00:45.56		00:49.75			
						

Coach feedback:

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Event number: 4: 100M BREASTSTROKE MEN 13+					Heat:3, starttime: 10:38
Heat: 3/7 Lane : 1 Athlete: VANDENABEELE ACHILLES					Q-time: 01:26:09
PB (25m pool): 01:26.09 Zwembad De Treffer 06/04/2026 PB (50m pool): 01:28.47 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.27		01:26.09	
	00:40.27		00:45.82		
					

Coach feedback:

Event number: 5: 200M BACKSTROKE WOMEN 13+					Heat:2, starttime: 10:52
Heat: 2/6 Lane : 4 Athlete: VAN LIERDE ROOS					Q-time: 02:52:34
PB (25m pool): 02:52.34 Meulebeke 10/05/2026 PB (50m pool): 02:53.14 SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5 1 5 0 1 7 5 2 0 0 M
PB		00:40.88		01:24.13	no time 02:52.34
	00:40.88		00:43.25		
					

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+					Heat:1, starttime: 11:45
Heat: 1/16 Lane : 6 Athlete: DE KETELAERE FEBE					Q-time: 00:52:92
PB (25m pool): 00:52.92 WAREGEM 27/09/2025 PB (50m pool): no time SB: no time					
	2 5 M	5 0 M			
PB		00:52.92			
	00:52.92				
					

Coach feedback:

Event number: 7: 50M BUTTERFLY WOMEN 11+					Heat:8, starttime: 11:54
Heat: 8/16 Lane : 3 Athlete: VAN DE WALLE NORA					Q-time: 00:36:53
PB (25m pool): 00:39.21 Sint-Amandsberg 19/10/2025 PB (50m pool): 00:36.53 SB: no time					
	2 5 M	5 0 M			
PB		00:39.21			
	00:39.21				
					

Coach feedback:

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Event number: 8: 50M BACKSTROKE MEN 13+			Heat:1, starttime: 12:04
Heat: 1/8 Lane : 7 Athlete: HOEYMANS CEDRIC			Q-time: 00:41:38
PB (25m pool): 00:40.17 Temse 22/12/2024			PB (50m pool): 00:41.38 SB: no time
	2 5 M	5 0 M	
PB		00:40.17	
		00:40.17	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 13+			Heat:2, starttime: 12:05
Heat: 2/8 Lane : 5 Athlete: DE REGGE MATTEO			Q-time: 00:36:72
PB (25m pool): 00:37.03 Sint-Amandsberg 19/10/2025			PB (50m pool): 00:36.72 SB: no time
	2 5 M	5 0 M	
PB		00:37.03	
		00:37.03	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 13+			Heat:4, starttime: 12:09
Heat: 4/8 Lane : 6 Athlete: BOONEN KAREL			Q-time: 00:34:24
PB (25m pool): 00:34.24 Sportoase De Watermolen 21/07/2026			PB (50m pool): 00:35.83 SB: no time
	2 5 M	5 0 M	
PB		00:34.24	
		00:34.24	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 13+			Heat:5, starttime: 12:10
Heat: 5/8 Lane : 6 Athlete: VAN BRAECKEL SEPPE			Q-time: 00:33:35
PB (25m pool): 00:33.35 Sportoase De Watermolen 21/07/2026			PB (50m pool): 00:36.22 SB: no time
	2 5 M	5 0 M	
PB		00:33.35	
		00:33.35	
			

Coach feedback: